

This financial wellness quarterly newsletter contains a market and economic snapshot, along with informational articles on a variety of financial planning and financial wellness topics.

Quarterly Market Snapshot

	Returns		
	YTD	1-year	3-year
S&P 500	13.1%	20.4%	21.0%
Dow Jones	11.8%	18.6%	17.3%
Russell 2000 (Small caps)	20.0%	26.5%	17.5%
Bonds - BarCap Aggregate	-0.3%	1.9%	4.1%
	Current	1 year ago	3 years ago
CPI	3.4%	2.7%	2.9%
Federal Funds Rate (effective)	3.6%	4.3%	5.3%
Oil	90.49	67.83	87.29
Gas Prices (National Average)	4.08	3.26	3.95

